

## ARROWHEAD GIRLS TRACK & FIELD

### **OUR MISSION**

It is our mission, to give every athlete the attention and coaching they deserve and need in order for them to achieve there desired level of success. We will continue to challenge them, and drive them to become the very best that they can be. We know that if each athlete is prepared and ready, mentally and physically that our teams will become as successful as it can be. As coaches we know that we only have control over how athletes meet and handle each experience. It is our mission, to teach and help them become adaptable and motivated toward meeting every challenge. It is our desire and hope that each of our athletes reaches that ultimate achievement of personal success.

We view success as an individual achievement that is based solely on ones performance measured against themselves and not based on how one performs against others. We use others to help us reach our goals and that only one person or team can win a race but all individuals can be winners.