

**ARROWHEAD UNION HIGH SCHOOL DISTRICT  
SERIES 400 – COCURRICULAR ACTIVITIES**

**SUBSECTION 410 – COCURRICULAR POLICY STATEMENT**

**POLICY: 410. COCURRICULAR POLICY STATEMENT\*\***

The Cocurricular Program of Arrowhead High School is an integral part of the total school program and is designed to help students become involved in a variety of activities. While the academic area of the high school is of paramount importance, the Board, administration, and staff believe participation in a well-directed cocurricular program affords definite opportunities, training, and experiences not ordinarily obtainable in the regular curriculum. Participation in the cocurricular program at Arrowhead is entirely voluntary and is a privilege that can be revoked. All students are invited and encouraged to take part. Students shall conduct themselves in such a manner as to be a credit to their school. Students, coaches, and parents shall be required to abide by all cocurricular rules, philosophy, and procedures adopted by the Board, and/or required by the Wisconsin Interscholastic Athletic Association (WIAA), in addition to the Arrowhead High School Code of Student Rights and Responsibilities.

DATE OF ADOPTION: FEBRUARY 9, 1994

**SUBSECTION 420 – CODE OF CONDUCT**

**POLICY: 420. CODE OF CONDUCT**

The Superintendent, subject to review and approval by the Board, shall institute the appropriate code of conduct regulating the behavior of Arrowhead High School students who participate in cocurricular activities.

DATE OF ADOPTION: NOVEMBER 10, 1993

DATE OF REVISION: FEBRUARY 8, 1995

**SUBSECTION 430 – STUDENT CONTESTS**

**POLICY: 430. STUDENT CONTESTS**

Certain contests of a local or national nature are recognized by the Board as educationally sound, worthy, and desirable. Local contests shall be approved by the Board on their particular merits, as recommended by the superintendent. Information on national contests approved by the National Association of Secondary School Principals shall be made available to pupils in preparation for these activities.

DATE OF ADOPTION: NOVEMBER 10, 1993

DATE OF REVISION: FEBRUARY 8, 1995

**SUBSECTION 440 – STUDENT FUNDRAISING ACTIVITIES**

**POLICY: 440. STUDENT FUNDRAISING ACTIVITIES\*\***

All fundraising shall be approved by the superintendent with Board approval.

DATE OF ADOPTION: NOVEMBER 10, 1993

DATE OF REVISION: FEBRUARY 8, 1995

**POLICY: 441. STUDENT ACTIVITY FUNDS MANAGEMENT\*\***

Disbursement of funds from the school treasury shall be made in compliance with secs. 120.16(2) and 66.042. Class and club funds shall be used only for purposes related to the educational growth of the club or class members, or for a purpose beneficial to the school community as selected by the group or its officers and approved under the School District's normal procedures. For example, funds may be used for school-approved class trips, social events, school programs, or for gifts donated to the school.

DATE OF ADOPTION: JULY 9, 2003

**SUBSECTION 450 – FIELD TRIPS**

**POLICY: 450. FIELD TRIPS\*\***

The Board encourages the use of student trips that have an educational objective and do not jeopardize the welfare of participating students. All field trips must have approval of the administration prior to student solicitation. Non-curricular, extended field trips and foreign study tours require Board authorization and no fiscal expenditures by the District. Requests for international travel must be submitted at least six months before the intended travel is to commence. Only trips that receive the approval of the Board of Education will be considered to be school-sanctioned trips. The superintendent shall have the authority to cancel any trip for extenuating circumstances that may jeopardize the health or safety of the students or chaperones. All financial obligations resulting from a cancellation will be the sole responsibility of the parent(s) and/or student. All non-District staff serving as chaperones on the foreign study tours must have background checks.

DATE OF ADOPTION: JULY 17, 1996

DATE OF REVISION: FEBRUARY 8, 1995

DATE OF REVISION: DECEMBER 12, 2007

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**SUBSECTION 460 – ATHLETICS**

**POLICY: 461. ATHLETIC RULES AND REGULATIONS**

The superintendent, subject to Board direction and approval, shall institute appropriate rules and regulations concerning student participation and eligibility in athletic cocurricular activities, taking into account the following specific areas:

- a. Scholastic eligibility
- b. Residency
- c. School attendance
- d. Code of conduct
- e. Appropriate penalties and procedures for appeal, including appeal hearing procedure, for failure to abide by such administrative requirements and eligibility standards.

DATE OF ADOPTION: NOVEMBER 10, 1993

DATE OF REVISION: FEBRUARY 8, 1995

**POLICY: 461.1 COACHES HANDBOOK**

**POLICY: 462. USE OF NUTRITIONAL SUPPLEMENTS, ANABOLIC-ANDROGENIC STEROIDS, AND OTHER PERFORMANCE ENHANCING SUBSTANCES**

The Arrowhead Union High School is against the use of anabolic-androgenic steroids and other performance enhancing substances (PES). Coaches, teachers, sports medicine staff, and school administrators who ignore or encourage the use of PES, provide and/or sell PES to athletes (including indirect distribution through a third party), shall be subject to disciplinary action in accordance with established District procedures and/or provisions of the current employee agreement.

Possession and/or use of PESs are a violation of the Wisconsin Interscholastic Athletic Association (WIAA) code of conduct and the Arrowhead Union High School athletic code of conduct. Any athlete who is in possession of, or uses PESs, will be subject to disciplinary action according to the Arrowhead athletic code of conduct.

The Arrowhead Union High School District strongly discourages students from using creatine or any other nutritional supplements without the approval of the student's physician and/or parents/guardians. Coaches, teachers, sports medicine staff, and school administrators are expected to discourage students from using creatine or other products that may have unwanted side effects, may be ineffective, have not been tested for long-term safety, are not recommended for youth, or are unethical to use.

The Arrowhead Union High School strongly encourages coaches, teachers, sports medicine staff, and school administrators to educate athletes and parents to have student/athletes practice daily recommended dietary habits based on accepted standards of a balance of the major food groups.

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Permissible supplements are supplements that replace the calories, fluid, and electrolytes the body normally loses during exercise. Some of these permissible supplements would be:

|                         |                       |
|-------------------------|-----------------------|
| Sport drinks            | Meal replacement bars |
| Electrolyte drinks      | Fitness water         |
| Sport bars              | Sports gels           |
| Meal replacement drinks | Vitamins/minerals     |

The WIAA has published an extensive list of banned performance enhancing substances along with other pertinent information to help educate athletes and parents about performance enhancing and banned substances. This information can be obtained in the Activities Office. Please contact the Activities Director for more information.

DATE OF ADOPTION: OCTOBER 14, 1998  
DATE OF REVISION: APRIL 9, 2003  
DATE OF REVISION: JUNE 11, 2008