

# Course Advising Week

Academic and Career Exploration

# Today's Agenda:

- Learn about choosing courses for next year.
- Plan for exams
- Wrap Up



# Course Selection Sheet 101

- Take a minute to look at the Course Selection Worksheet (hand-out), you will use this as reference to win your kahoot!

[Link to Kahoot](#)

# Kahoot!!!

1. Why are there 2 sides to the sheet?
2. True or False: I need to take a course from each “bolded” area.
3. What does the -1 represent?
4. What does the asterisk mean?
5. What does NC mean?
6. What is the minimum course load per semester?
7. True or False: I get to choose my lunch hour.
8. True or False: I get to chose the teacher for the course.
9. What is the deadline for course requests?
10. If I want to find out more about a course, where should I look?

## The BIG Picture...

Getting started:

When choosing courses, remember that you may have sports, clubs, and other activities before and after school.

How do these activities fit with a sensible course load?

Consider [Karly...](#)

# Discuss



What things did Karly consider when she was choosing her classes?

How did she balance everything?

What might be some good/bad reasons to choose classes?

# Haven't given it much thought yet?

You don't have to have it all figured out, just start with the basics!

- What interests me?
- What skills would I like to develop before I graduate?
- What are my strongest skills?
- What haven't I tried yet?
- How do I learn best?



## Looking for advice?

Your teachers and counselors can help!

You have from now until February to:

Ask them questions specific to you and your skills

What courses might they recommend for you?

What advice might they have for you for next steps?

Listen to their advice - they have all been through high school and can relate...

Who else might be helpful to you? Think about who you might be seeing over the holidays.....





# High School Exams

- Exams can be between 15-20% of your final grade
- Know what is going to be on the exam
  - Your teachers will give you the information directly or provide strong hints
- Know the format of the exam
- How will you prepare for the exams?
  - Study Schedule
  - How to Study
  - etc....

# EXAM Schedule

To be placed in here

- Now make the schedule that you will have over those three days

# Exam Study Tips

1. Be good to your body-Rest, eat healthy, hydrate
2. Be good to your mind-study in small pieces & take breaks
3. Do your best & be proud of your hard work!
4. Phones/devices/smart watches will not be allowed in classroom on exam day!

Semester Exam Study  
Calendar

# Preparing a Study schedule

			<b>Wednesday 1-2 (A-Day)</b>	<b>Thursday 1-3 (B-Day)</b>	<b>Friday 1-4 (A-Day)</b>	<b>Saturday 1-5</b>
<b>Sunday 1-6</b>	<b>Monday 1-7 (B-Day)</b>	<b>Tuesday 1-8 (A-day)</b>	<b>Wednesday 1-9 (B-day)</b>	<b>Thursday 1-10 (A-Day)</b>	<b>Friday 1-11 (B-day)</b>	<b>Saturday 1-12</b>
<b>Sunday 1-13</b>	<b>Monday 1-14 (A-day)</b>	<b>Tuesday 1-15 (*Exams)</b>	<b>Wednesday 1-16 (*Exams)</b>	<b>Thursday 1-17 (*Exams)</b>	<b>Friday 1-18 No School</b>	<b>Saturday 1-19</b>

## Summary...

- Counselors will be coming into your English classes the week of Jan. 28th to go into additional course planning detail
- You will be requesting courses starting February 9th.
- For now, talk with teachers, counselors, family members, & others who could give you feedback
- It is never too early to prepare for exams. Being organized will help lessen exam stress.