



ARROWHEAD TRACK &
FIELD FUNDRAISER FOR
MUSCULAR DYSTROPHY

HELP US GIVE STRENGTH



HELP ARROWHEAD TRACK AND FIELD MEMBERS GIVE STRENGTH TO THOSE LIVING WITH MUSCULAR DYSTROPHY, ALS, AND OTHER RELATED NEUROMUSCULAR DISEASES. PLEASE USE THE LINK BELOW TO GIVE ALL YOU CAN.

<https://mda.donordrive.com/participant/Arrowhead-TrackandField>





There is a need!

Erica's MD Team – Horsepower will once again be setting a fundraising goal of \$20,000. When Erica's Team reaches this year's goal, the TEAM, which includes all of you, will have raised over \$100,000 used to send kids to MDA summer camp and fund research for a cure of all muscle disease.

Erica lives with Myotonic Muscular Dystrophy. It is our goal to make Erica's life easier. It is that simple, we want to help millions of people have an easier life.

Please join us again, or for the first time, for a chance to say you had something to do with finding a cure for a disease that makes it difficult for millions of people to walk, speak, eat, breath, or simply hug the ones they love.

Please send, post, or tweet the following request to any and every one you think might at least consider supporting all the people who suffer from Muscular Dystrophy, ALS and other muscle related diseases.

Message to share:

When you have time please consider joining Erica Destache, donating, and/or sending this invitation to anyone and everyone you feel would at least consider joining the fight for a cure. The fundraising continues until the Muscle Walk on Saturday, August 15 at Greenfield Park starting at 10:00 A.M.

Maybe some of your organizations or employers could join Erica's team.

Please use the following link to see the options available for supporting MDA and the second link to understand a little bit about what Erica and millions of others are battling.

Support MDA, Erica and millions of others!

Erica's battle:

<https://www.mda.org/disease/myotonic-muscular-dystrophy>

We all thank you for anything you can do to help.