Psychology Ms. DesRosiers

What is Psychology?

Psychology is the scientific study of behavior and mental processes. The introductory one semester course covers many topics. These include research methods in psychology, the brain and nervous system, sensation and perception, memory, learning, personality, abnormal behavior, and states of consciousness. Basically, psychology is the study of people and why they act the way they do. What could be more interesting?

Benefits of course

- 1) Psychology will help you to understand yourself and others.
- 2) Psychology applies to most careers.

Course outline

Power Standards (i.e.the basics of what you will learn by the end of the semester)

- 1. Students should outline the basic history of psychology, including the application of the prominent schools of thought. e. g. behaviorism. (E 12.2)
- 2. Students will be able to use the research procedures and skills of the behavioral sciences to develop an informed position on an issue and critically evaluate the validity of various points of view. (E12.9, E12.14)
- 3. Students will analyze factors that influence human behavior and mental health. (E12.16)
- 4. Students will summarize and explain the mechanisms of the brain and nervous system and their influence on our behavior. (E12.1, E12.2, E12.16)

Each of the following units will be approximately 3 weeks in length. Each unit will conclude with a major test or research paper. Students earn a participation score each grading period. Other graded material will include quizzes, worksheets, written assignments, and projects.

Unit 1 The Science of Psychology

Chapter 1 Definition, history, methods



Unit 2 The Brain, Sensation & Perception

Chapters 3 & 4
Physiology of the Brain
How we receive and interpret information from our surroundings



Unit 3 Theories of Learning, Memory, and Intelligence

Chapters 7, 8, & 10 Classical and Operant conditioning Memory and Intelligence

Unit 4 Personality Theories

Chapter 11

Freud and Psychoanalysis, Trait theories, Humanism

Cognitive theories

Unit 5 **Psychological disorders and treatment**

Chapters 12 & 13

Anxiety, Somatoform, Dissociative, Affective, & Personality Disorders

Psychotic disorders (Schizophrenia) Therapy approaches and techniques

Unit 6 **Psycho-Physiological interaction**

Chapters 6 & 9

Sleep, substance abuse, and stress



Materials

Students will need a three ring binder or folder for handouts and a notebook or filler paper for notes.

Resources

Some assignments, handouts, and class notes will be posted on *Moodle*.

Go to http://moodle.arrowheadschools.org to view. Your login name is the same as for server access BUT the password is your student ID #.

Textbook: Blair-Broeker, C. & Ernst, R. (2003) *Thinking About Psychology*,

Worth Publishers

Teacher availability for help/questions

Free hours: 4th, 6th, 8th, 9th (1st 20 minutes) periods

I will usually be available after school, before school by appointment

E-mail: DesRosiers@ahs.k12.wi.us Phone: 369-3612, voice mailbox 3661

Grading policy: Point system (individual total points scored/total points possible) Grading scale:

90-100 Α

> В 80-89

C 70-79

D 60-69

F 59 and below

All assignments and daily work must be turned in on time to receive full credit; late work (including assignments forgotten in the locker or at home) is counted half off.

Attendance and make-up work

Students cannot expect to do well if they do not attend class. Students who miss more than 10 days in a semester will find it very difficult to keep up. It is the student's responsibility to get materials, notes, worksheets, etc. missed due to absence. Students will have a limited amount of time to make up work due to absence. After the time limit, the work will be counted late and only receive half credit. Late work will not be accepted after the test has been taken on that unit. It is the student's responsibility to make sure that unexcused absences reported in error are cleared up.

Excused absence 1-3 days
Excused absence 4-10 days
Unexcused absence 1-3 days
Unexcused absence over 3 days
Excused absences over 10 days

Time limit

3 days, after 3 days half credit 5 days, after 5 days half credit 3 days at half credit, after 3 days, no credit 5 days at half credit, after 5 days, no credit Teacher/student plan

Discipline policy

Classroom rules:

- 1. Be respectful to the teacher and to your fellow students
- 2. Be in your seat, quiet, and prepared with all materials when the bell rings.
- 3. Food and drink other than water are not allowed in class.

Consequences for rule violations including tardies:

1st and 2nd time: verbal warning

3rd time: after class or after school conference

4th time: Office referral